

DIGESTIVE ASSOCIATES

CAPSULE ENDOSCOPY PRE-PROCEDURE INSTRUCTIONS

Pick up from pharmacy:

- Golytely (prescription drug)
- 4 tablets of simethicone over the counter (Gas-X or Mylicon or Gas Relief)

One WEEK before the procedure:

- Stop any iron-containing medications, including multivitamins with iron.
- Continue all of your other normal medications including blood thinners as usual.

One DAY before the procedure:

- Do not take any fiber supplements (e.g., Metamucil, Fibercon, Citrucel, and Konsyl).
- Do not take any food or drinks that are red.
- You may have a light meal until 10 AM (e.g., oatmeal, toast without butter, low-fiber cereal, cooked egg).
- For the remainder of the day after 10 AM - no solid food but can drink CLEAR LIQUIDS ONLY (e.g., water, tea, soda, clear broth, Gatorade, popsicles, Jell-O, apple juice, or other juices without pulp).
- Between 5-7 PM, drink 2 L of Golytely. Discard the remaining 2 L of Golytely.
- After 10 PM, stop all liquids except small sips of water if needed.

ON THE PROCEDURE DAY:

- Chew 4 tablets of simethicone (Gas-X or Mylicon or Gas Relief) between 7 to 7:30 am with a few sips of water.
- No food or drink except as above.
- Wear a loose cotton t-shirt when coming for the procedure appointment.

After swallowing the capsule:

- May take normal medications with small sips of water two hours after swallowing the capsule.

LAS VEGAS

5440 W Sahara Ave,
Suite 302
Las Vegas, NV 89146

NORTH LAS VEGAS

2031 N McDaniel,
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330 S. Lola Lane,
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Phone: (702) 633-0207 **Fax:** (702) 633-0254

- May start clear liquids (as described above) starting four hours after swallowing the capsule.
- May return to regular diet starting six hours after swallowing the capsule.
- 4:30 PM Return to the clinic for equipment removal.

****Procedure Details: ****

Date of the procedure: _____

Time of the procedure: _____

Place of the procedure: 5440 W. Sahara Ave., Ste. 302 Las Vegas, NV 89146

MEDICATION GUIDELINES FOR WIRELESS CAPSULE ENDOSCOPY

GLP-1 AGONISTS (E.G., LIRAGLUTIDE, SEMAGLUTIDE):

- Semaglutide (Ozempic, Rybelsus, Wegovy),Dulaglutide (Trulicity):

Stop 1 week before the procedure.

- Liraglutide (Victoza, Saxenda),Exenatide (Byetta), Lixisenatide (Adlyxin):

Stop 24–48 hours before the procedure.

DIABETES MEDICATIONS:

- Insulin:

On the day of the procedure, reduce your insulin dose to half due to fasting. If any questions consult your healthcare provider for specific instructions on how to adjust your dose.

- Oral Diabetes Medications (e.g., Metformin, Glipizide):

Do not take oral diabetes medications on the morning of the procedure. Wait until after the procedure is completed to resume your regular dose.

ANTICOAGULANTS (BLOOD THINNERS):

- Common Medications:

- Warfarin (Coumadin)

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- Clopidogrel (Plavix)
- Dabigatran (Pradaxa)
- Rivaroxaban (Xarelto)
- Apixaban (Eliquis)

You typically do not need to stop blood thinners for Wireless Capsule Endoscopy.

NONSTEROIDAL ANTI-INFLAMMATORY DRUGS (NSAIDS):

- You do not need to stop NSAIDs (like ibuprofen or naproxen) before Wireless Capsule Endoscopy unless otherwise advised by your healthcare provider.

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